Muesli is a super versatile breakfast and snack option!

**Simple Prep:**
1. Cold: Place 1/4 cup in a bowl and top with 1/2 cup yogurt, milk, or fruit juice and let sit for 5-10 minutes.
2. Warm: Heat 1/2 cup milk or water with 1/4 cup muesli and cook until warmed throughout, about 7 minutes on the stovetop or 3 minutes in the microwave (don't forget to stir).

**On-the-Go:**
1. Combine 1/4 cup of muesli and a handful of your favorite dried fruit in a mason jar or canister.
2. Combine with 1/2 cup of yogurt and let sit 5-10 minutes.

**Overnight Prep:**
1. Combine 1/4 cup muesli, 1/2 cup yogurt, and 1 cored and grated apple.
2. Let the mixture sit in the refrigerator overnight.